



Teams Live information sessions for corporate customers about the COVID-19 epidemic

Mehiläinen Working Life Services is holding an information session about COVID-19 for the contact persons and decision-makers of its corporate customers via Teams Live on Tuesday, 17 March, and Thursday, 19 March, from 2 p.m. to 2:30 p.m. In the future, we will hold information sessions twice a week or as needed. A maximum of 10,000 people can take part in the Teams Live event. The event will be held in Finnish.

The presentation will be recorded and can then be accessed via the meeting's Teams Live link or from the home page of CorporateMehiläinen. During the information session, we will go over the current status of the coronavirus pandemic and talk about the ways in which Mehiläinen has prepared for this situation and made changes to its service production.

Below you can find links through which you can take part in the information session. The links can also be found on the home page of CorporateMehiläinen.

Participants will be able to ask questions in writing during the presentation, and a Q&A section will be compiled of the questions and answers on [Mehiläinen's corporate page](#).

**Coronavirus info session on Tuesday,
17 March, 2 p.m.–2:30 p.m.**

**Coronavirus info session on Thursday,
19 March, 2 p.m.–2:30 p.m.**

We recommend relaxing the rules on sick leave certificates

We recommend that all employers adopt a longer self-certified sick leave period to ease the pressure on the health care system. Kela does not require a sick leave certificate during the waiting period.

We also recommend accepting sick leave certificates issued by a doctor or a nurse over a remote connection and/or the phone during the epidemic. At the same time, we would like to remind you that the occupational health care service and the Digital Clinic only issue sick leave certificates in cases of incapacity for work. This means that we do not issue sick leave certificates to people who do not have symptoms, for example those who have been exposed to the coronavirus.

By relaxing the rules on sickness-related absences, every employer can reduce unnecessary pressure on the health care system during the epidemic and help it focus its resources on those who need them the most. [Read the recommendations by the Confederation of Finnish Industries \(EK\) about the matter \(in Finnish\)](#).

How should I instruct the personnel during the epidemic?

If an employee has mild respiratory symptoms, they should be instructed to stay at home and follow the normal home care instructions for respiratory infections. If the symptoms are severe or the employee is in a high-risk group, they must contact occupational health care or public health care.

In other occupational health care and activities supporting work ability, we will use remote appointment services in addition to traditional face-to-face appointments.

Despite additional resources being dedicated to the services, our Digital Clinic and customer service centre are unfortunately very busy right now. You can read more about the Digital Clinic's situation on [our website \(in Finnish\)](#).

Our occupational health customers are also served by their own occupational health teams, which can be easily contacted by sending them a message via the OmaMehiläinen app or the Occupational Health tab of the web service.

Support for employers during the COVID-19 epidemic

We have opened a new email channel for employers: yrityspaattajat@mehilainen.fi. You can send general questions about topics such as protecting your personnel and Mehiläinen's services during the epidemic to the email address. We will not be able to answer questions about treatment or matters concerning individuals (e.g. exposures) through this channel. We encourage you to contact your own occupational health teams about these kinds of matters. We have added more phone appointments with occupational health nurses and physicians.

Right now, the situations is changing very quickly, and we recommend you to actively keep up with the information released by Mehiläinen, the authorities, and the public health care services in your area.

With these actions, we want to do our part in relieving the pressure on the health care system and ensuring that those who require health care can get the help and treatment they need.

**Best regards,
Mehiläinen Working Life Services**

*This is a service message to our corporate customers during the COVID-19 pandemic.