Dear corporate customer,

We are returning to everyday life after the holiday season, and the news coverage on the coronavirus and its potential spread has increased again after the calm summer. As a result, our customers naturally have many questions about the current coronavirus situation, and we would like to use this service message to talk about current issues and how we are going to inform our customers about matters related to the coronavirus pandemic during this autumn.

We will continue sending service messages related to the coronavirus situation as needed in the autumn. We will also restart the Teams Live information sessions for customers, where we will briefly talk about the current coronavirus situation and any new recommendations, instructions and information related to it.

The first Teams Live information session will be held on Friday, 14 August, from 2:15 p.m. to 2:30 p.m. After this, we will hold information sessions every other Friday, starting from Friday, 28 August, from 8:30 a.m. to 8:45 a.m.

In the future, you will be able to find the links for participating in the Teams Live information sessions in the section Updates on the coronavirus situation for corporate customers on our website. A recording of the information session will also be made available immediately after the session. Teams Live -session are in Finnish.

Our customers have also asked for a written overview of the current situation, so we will be uploading to the aforementioned page every Thursday afternoon a downloadable PDF document with a short overview of the coronavirus situation.

You can find out more information about coronavirus on Mehläinen's Instructions for companies page. The page contains answers to frequently asked questions, instructions for coronavirus testing and safe working, etc.

If you cannot find answers to your questions on the pages, you can contact your occupational health team.

Link for Teams Live -info on Friday 14th of August at 2:15 pm

Links for participating in the autumn’s Teams Live information sessions

Use the links below to participate in the Teams Live information sessions. Sessions are held in Finnish. You can also find the recording of the information session via the same link. The recording can be watched immediately after the live session. You can also find the links and recordings on our website.

Teams Live -info Friday 28.8. at 08:30
Teams Live -info Friday 11.9. at 08:30
Teams Live -info Friday 25.9. at 08:30
Coronavirus testing at Mehiläinen

Mehiläinen offers a PCR test that is used to diagnose a coronavirus infection as well as an antibody test for people who have recovered from their symptoms.

The coronavirus test for patients with symptoms is always the analysis (PCR) of a nasal swab, which is the only test that can be used to diagnose COVID-19 in Finland right now. You can be referred for testing through the Digital Clinic, a remote appointment with your occupational health physician or Mehiläinen’s respiratory infections clinic. To make the use of our services smoother for our occupational health customers, we have decided that, in addition to doctors, occupational health nurses can during a remote appointment also refer patients with mild symptoms for coronavirus testing (PCR).

We also offer PCR tests to employees without symptoms if they have travelled for work or have clearly been exposed to the virus. The principles of testing employees without symptoms are agreed separately with corporate customers. The test cannot be used to shorten or interrupt a period of quarantine.

Antibody tests are done using a blood sample taken from a person who has already recovered from their symptoms in order to determine whether the disease was caused by the coronavirus. Antibody tests are not suitable for untargeted screening at workplaces because there is not yet enough information available about the protection provided by antibodies.

Learn more about Mehiläinen’s coronavirus testing

A new Express testing station has opened in Hernesaari

We have opened a new Express testing station in Hernesaari, Helsinki. The average waiting time for coronavirus test results from an Express station is six hours from the time the sample was collected. The testing station is a drive-in station, which means that you don’t need to get out of your car to provide a sample. Those who do not have a car can also go to the testing station. Find out more about the testing station and its opening hours (in Finnish)

Rapidly increased demand has made our service channels very busy

Demand for our services has increased rapidly over the past few weeks, and, as a result, our service channels are very busy right now. Coronavirus test results may also be delayed. We have already taken action to speed up our services and improve service quality, and we are doing our best to resolve the issue as soon as possible. Thank you for your understanding.

We would like to remind you that in the case of non-urgent matters you can contact your occupational health team by sending them a message on OmaMehiläinen. You can send a message to your occupational health team via the app’s Occupational Health tab.
For updated information and instructions, please visit our website

You can find lots of information about the epidemic on our website, and we will offer new services and articles to support your staff. Our website has information about safe working and returning to work as well as answers to frequently asked questions.

You can also contact us by email at yrityspaattajat@mehilainen.fi

For more information, instructions and advice on how to protect your staff from the coronavirus, please contact your occupational health nurses and physicians. The website of the Finnish Institute of Occupational Health also has a set of guidelines for workplaces. We recommend actively keeping track of the information provided by the authorities, THL, your local public sector healthcare provider and Mehiläinen.

Best regards,
Mehiläinen Working Life Services

This is a service message for our corporate customers. You received this service message because we wanted to inform you about matters related to using Mehiläinen’s services and the coronavirus (COVID-19) pandemic. You can change your messaging settings in CorporateMehiläinen or OmaMehiläinen.